

TRACFAST-TH4 TABLETS

Etodolac 400 mg + Thiocolchicoside 4 mg

"Dual Relief - Inflammation & Spasm Control"

Marketed by: Human Orthocare

A Subsidiary of Human Biolife India Pvt. Ltd.

www.humanorthocare.com







Product Overview

Composition (per tablet):

- **Etodolac I.P.** 400 mg
- Thiocolchicoside I.P. 4 mg

Key Features:

- Etodolac → NSAID with preferential COX-2 inhibition → potent analgesic & antiinflammatory with better GI safety
- Thiocolchicoside → centrally acting muscle relaxant → relieves spasm & stiffness without sedation
- Combined → pain relief + inflammation control + muscle relaxation





Mechanism of Action (Ortho Context)



Inhibits COX-2 → ↓ prostaglandins → reduces pain & swelling



M Thiocolchicoside

Acts on GABA-ergic & glycinergic receptors → decreases muscle hyperexcitability

Relieves painful muscle spasms & stiffness

Outcome → Rapid relief from pain + spasm → improved mobility & rehab compliance

Indications in Orthopaedics

Human Care

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- Tracfast-TH4 is recommended for:
- Acute low back pain

 Lumbago, lumbar spondylosis
- Cervical spondylosis
 With painful stiffness
- Sciatica & radiculopathy
 With spasm
- Osteoarthritis & rheumatoid arthritis

 Flare-ups with spasm
- Post-traumatic musculoskeletal pain & stiffness
- Post-operative inflammation
 With muscle spasm



Clinical Advantages



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Triple benefit

Pain relief + anti-inflammatory + muscle relaxation



Non-sedative

Patients remain active



Faster functional recovery

Provides faster functional recovery & mobility



Versatile application

Useful in both acute & chronic ortho conditions



Reduced reliance

Reduces reliance on high-dose NSAIDs alone



Comparison with Other Ortho Therapies

Parameter	Tracfast-TH4 (Etodolac+Thiocolchicoside)	Etodolac Alone	NSAID+Other MR
Pain Relief	✓ Strong	✓ Strong	✓ Moderate
Inflammation Control	✓ Potent	✓ Yes	✓ Yes
Muscle Spasm Relief	✓ Yes	X No	/ Moderate
Sedation Risk	X None	X None	1 Common
GI Safety	✓ Better (COX-2 preference)	✓ Better	<u> </u> Variable
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Dosage & Administration





Recommended in Ortho Patients:

1 Tablet twice daily after meals

Duration: 5–10 days in acute cases (extend as needed under supervision)

Notes:

- Short-term use in acute painful conditions with spasm
- Can be followed by Etodolac monotherapy once spasm subsides



Safety & Tolerability



Well-Tolerated Profile:

- **Etodolac** → better GI tolerability vs diclofenac/ibuprofen
- Thiocolchicoside → non-sedative, fewer CNS effects



O Cautions:

- Avoid in pregnancy, lactation & epilepsy
- Caution in renal/hepatic impairment
- Not for prolonged continuous use







Why Ortho Surgeons / Physicians Prescribe Tracfast-TH4?

Acute musculoskeletal pain with spasm (spine, joints, trauma)	Cervical/lumbar radiculopathy & spondylosis	Faster mobilisation & rehab compliance
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Superior to NSAID monotherapy Trusted Human Orthocare

Doctor's Choice For:

Or sedative relaxant combos

Pain + spasm relief formulation





Contact Us

Step into care that moves you forward.

Use with clinical discretion, especially in high-risk orthopedic conditions.

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For medical queries or collaboration:



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